



Spirituality and Project Management

Rekha Anil

Practice Head – Aero Program Management

Honeywell Technology Solutions Ltd

Bangalore, India

Project

What is the purpose ?





Projects are in tune with the Spirit of Life!

Spirituality

Meaning

- Significance of life; making sense of situations; deriving purpose

Values

- beliefs, standards and ethics that are cherished

Transcendence

- Experience, awareness, and appreciation of a "transcendent dimension" to life beyond self

Connecting

- Increased awareness of a connection with self, others, God/Spirit/Divine, and nature

Becoming

- An unfolding of life that demands reflection and experience; includes a sense of who one is and how one knows

A Journey into the "Now"

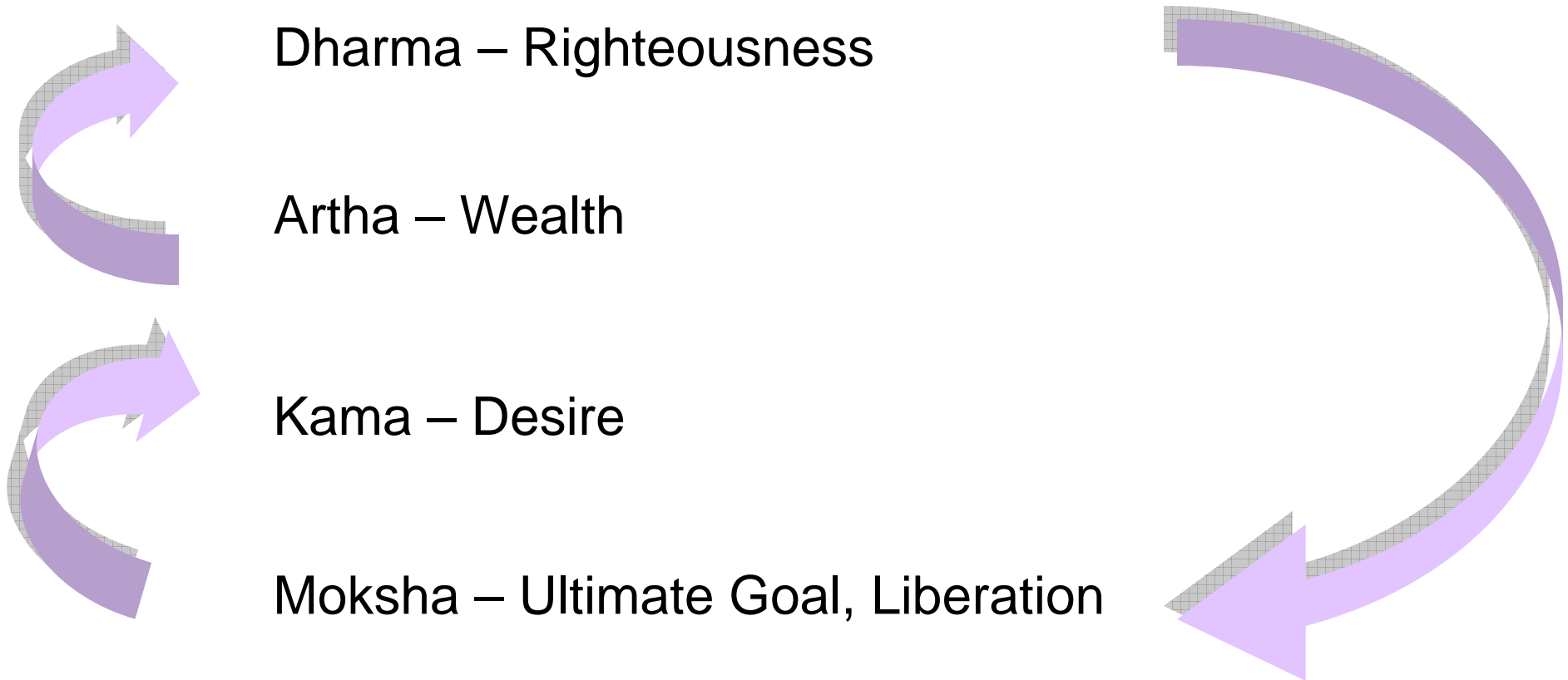
Spirituality

Spirituality

- ♦ Is Oneness of Mankind
- ♦ As a way of life helps in aligning with that dimension of life that is harmonious
- ♦ A way of connecting with the truth of life that we believe for personal well being

Happiness Happens !

Spirituality and Aim of Existence



Action Performed should Aid in Moving towards the Goal!

PMI Professional Responsibility and Spirituality

PMI Code of Ethics and *Professional Conduct*.....

- ✓ Responsibility
- ✓ Respect
- ✓ Fairness
- ✓ Honesty
- ✗ Favoritism and Discrimination

Spiritual life refers to 5Ds

- ✓ Duty
- ✓ Devotion
- ✓ Discipline
- ✓ Determination
- ✗ Discrimination

Spirituality: A Way of Life

Some data.....

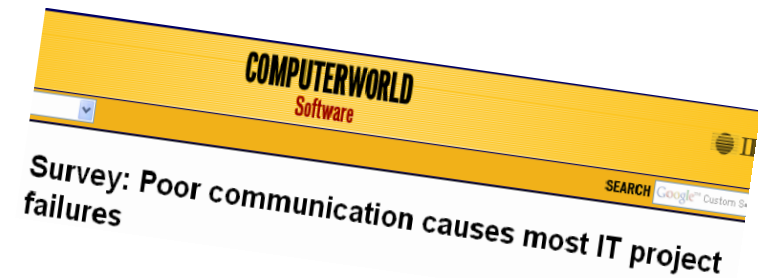
Project failure and Causes....

Bull Survey

- ~ 57% due to poor communication

An Article in Computer World

- 85% of project failures is silence



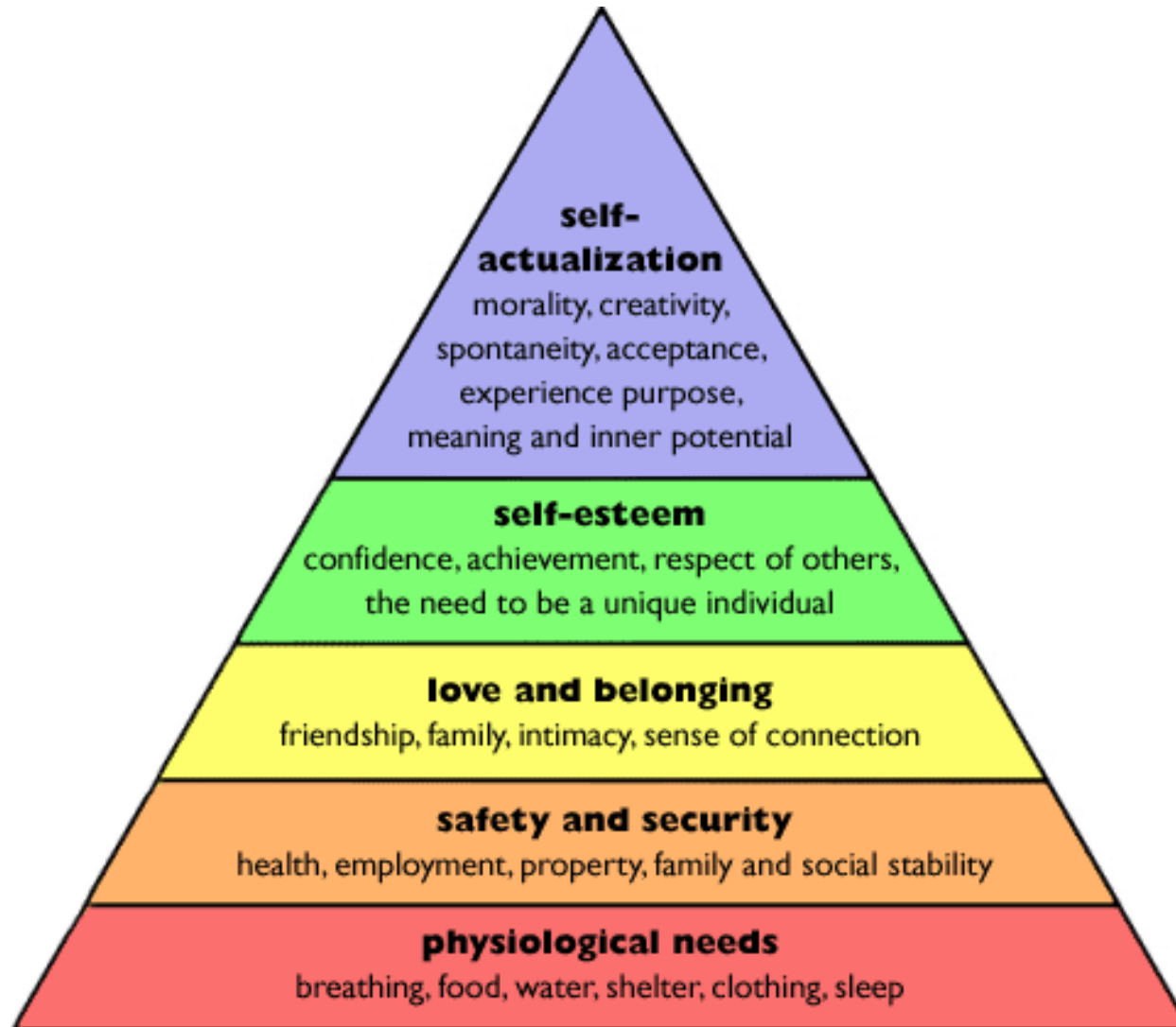
PMI Survey - Top 5 issues that IT mgmt is facing

- ◆ Attracting, developing and retaining professional people

Article in PM network Jan 2008- Talent Management and Cultural aspects

- ◆ Financial incentives alone won't win the battle for best execution
- ◆ Google – Communication takes highest priority and Maintains a small office culture

Maslow's Hierarchy



Project Culture



- Trust
- Connections
- Nurturing and Sustenance
- Harmony
- Positive energy – Infectious
- **Shared Vision**

Stronger bridges can carry heavier loads

Project Manager

Creator.....

PM in everyone.....

Project Management is everybody's job

Is there a better way.....

..to make sense out of situations to see significance?

A certain degree of *detachment* from immediate perception is a crucial inner resource

Abraham Maslow quotes

“Dispassionate objectivity is itself a passion, for the real and truth”.



Key is to take a step back and understand the bigger picture

Is there a better way.....

Constraints!!

What's missing???

What's not there??

Is there a better way.....



Sweetest Strawberry the World has Ever Known



Is there a better way.....

Rescuing the Moon!!!



Is there a better way.....

“Yad Bhavam Tad Bhavathi”

You are what your deep driving desire is; As your deep driving desire is, so is your will; As your will is so is your deed; As your deed is so is your destiny.

Upanishads



As the thoughts, So you become

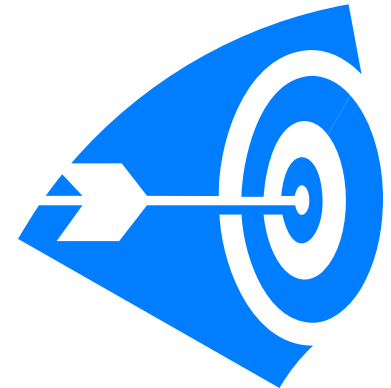
Is there a better way.....

Shravana	– Listening
Manana	– Continuous Reflection
Nididhyasana	– Long Contemplation

Concentration

Contemplation

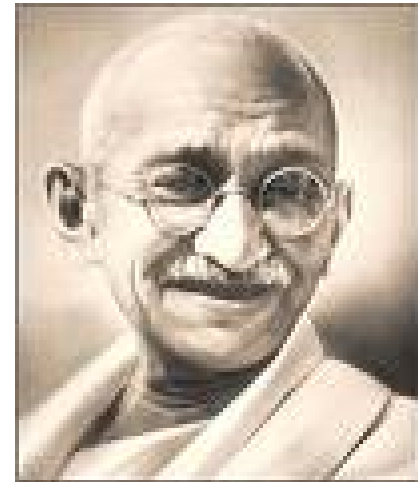
Meditation



Eureka!

Always aim at complete harmony of thought and word and deed. Always aim at purifying your thoughts and everything will be well

– Mahatma Gandhi



“The idea flow from the human spirit is absolutely unlimited,



All you have to do is tap into that well. I don't like to use the word efficiency. It's creativity. It's a belief that every person counts” – Jack Welch

References

Reference from Ancient Scriptures:

- Bhagavad Gita
- Yoga Vasista
- Upanishads